

Monthly Tips:

KEEP fruited plants evenly moist to avoid blossom end rot.

PRE-ORDER new garlic varieties for a September delivery. Four new ones that are offered by Sow True Seed (www.sowtrueseed.com) include Early Red Italian, Red Russian, Georgian Fire and Majestic. Everything tastes better with garlic.

DRY herbs and flowers during the summer to use for infusions into homemade cosmetics, shampoo, steams and masks.

EAT the tendrils of peas. Stir-fry or eat raw. Many unexpected veggie greens are edible, including turnip, radish and beets. Never eat the leaves of rhubarb as they are poisonous. **PINCH** back annuals for a fuller display all summer.

EMPTY any vessel holding water, even as small as a bottle cap to prevent mosquito larvae from breeding. Change birdbaths daily or add Dunks to non-moving water.

DEEP soak trees like magnolia or redwoods, especially when you see them dropping abundant leaves.

CHECK outdoor pots and containers daily for moisture level. Pots dry out very quickly in this hot weather.

SNIP the tops of your herbs as they flower to use in your salads and sauces.

SKEWER vegetables and fruits from your garden to barbecue on your grill. Toss the items in a bowl with olive oil, lemon, and herbs, refrigerate overnight, skewer, grill and enjoy. I use peppers, melons, plums, apples, radishes, zucchini, tomatoes and mushrooms.

ADD pea gravel to paths for easy walking and to prevent mud runoffs in the winter.

CONTACT Vector Control if you have a mosquito, skunk or yellow jacket problem. The phone number is (925) 685-9301.

HANG yellow jacket traps ONLY on days that you are having a picnic or outdoor event. If you have traps always engaged, you will attract more yellow jackets.

Happy Gardening! Happy Growing!

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Tune into Cynthia's Radio show at www.StarStyleRadio.net I am available as a speaker, designer, and consultant.



Cynthia Brian with sunflowers by a summer water feature for pollinators.



SERVE on an Agricultural Task Force

Interested in preserving and promoting agriculture in Contra Costa County where the value of crops rose 7 percent? The Contra Costa Board of Supervisors is seeking individuals who are interested in serving on the County's Agricultural Advisory Task Force. Meetings take place in Knightsen. Application forms can be obtained at www.co.contra-costa.ca.us or by telephoning the Clerk of the Board of Supervisors (925) 335-1900. Applications are due no later than 5 p.m. on Thursday, August 12 to the Clerk of the Board of Supervisors, Room 106, County Administration Building, 651 Pine Street, Martinez, CA 94553. For more in depth intel, contact Chad Godoy, agricultural commissioner and director of Weights & Measures, at chad.godoy@ag.cccounty.us or (925) 646-5250.